

(Check out [www.americancatholic.org](http://www.americancatholic.org) Click on "Saint of the Day", then "by name")

**THE CHOOSING OF A CHRISTIAN NAME**

Many people choose an additional Saint's name at Confirmation. The preferred name, however, is the baptismal name because it expresses the relationship that exists between Baptism and Confirmation.

If a new name is taken, however, it must be the name of a recognized Saint of the Catholic Church. If your baptismal name is not that of a recognized Saint, a new name should be chosen for Confirmation.

Names of Saints are chosen to serve as *patrons and models* for those being confirmed. Candidates should choose a patron Saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that the person led.

Candidate's name \_\_\_\_\_

Saint's Name \_\_\_\_\_ Saint's Feast Day \_\_\_\_\_

Place of birth \_\_\_\_\_

Date of birth and death (if known) \_\_\_\_\_

Basic story about this Saint's life (*continue on back side if necessary*) \_\_\_\_\_

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What virtues did this Saint practice in his/her life that serve as a model for you?

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What aspect of this person's life attracted you?

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How is this saint a model for Christians today?

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In what way do you see yourself calling upon the intercession of this Saint?

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